



In the zone review 2023/2024

01. Overview

02. Feedback

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04. What's next



What we have achieved

In the zone has been delivered for the third year running to year 9 students in **16 mainstream secondary** schools and **3 specialist provisions**. We estimate that we have reached **4000 young people** aged 13/14.

Young people have received sessions on the following topics;

- Knife crime – Youth Justice Service
- Drugs and Alcohol – Response
- Peer Pressure – Detached youth
- Cyber safety – Safer school's police
- Child exploitation – Compass



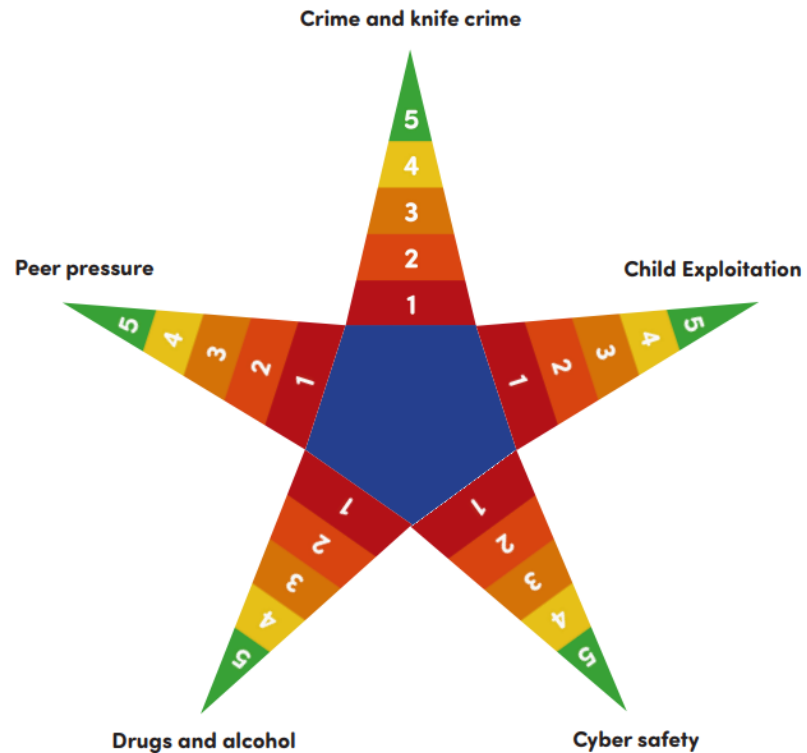
In the Zone – staying safe online and offline

Year 9 students took part in a series of workshops called In the Zone, aimed at prompting discussion and giving them information and skills that will help them stay safe in the community. The topics covered included knife crime, criminal exploitation, peer pressure, cyber safety, and drugs and alcohol. Many thanks to Merseyside Police and the various local authority teams for making it such a worthwhile day.



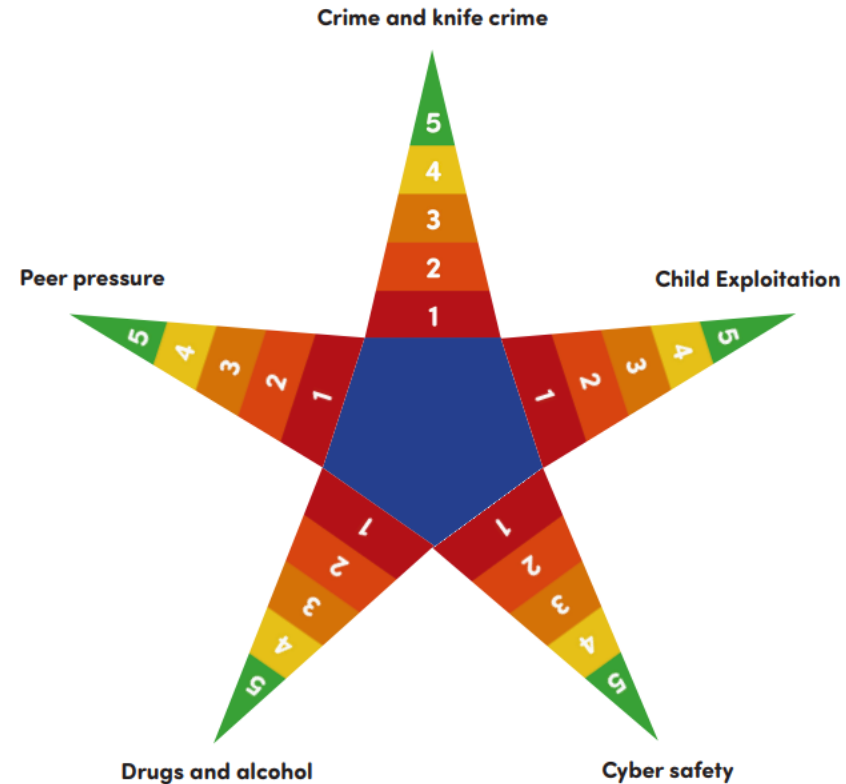
Feedback from the young people

Before we start the session let's take a look at the star below. You can see there are 5 subjects. Can you tell us how much you think you **already know** about the 5 subjects by circling a number from 1 to 5 for each subject.



- 1 - I don't know anything
- 3 - I know some things
- 5 - I know everything

Now you have completed the session, let's look at the star below again. Can you tell us how much (from 1 to 5) you think you **now know** about the 5 subjects.



What is one thing you have learned from the sessions today?

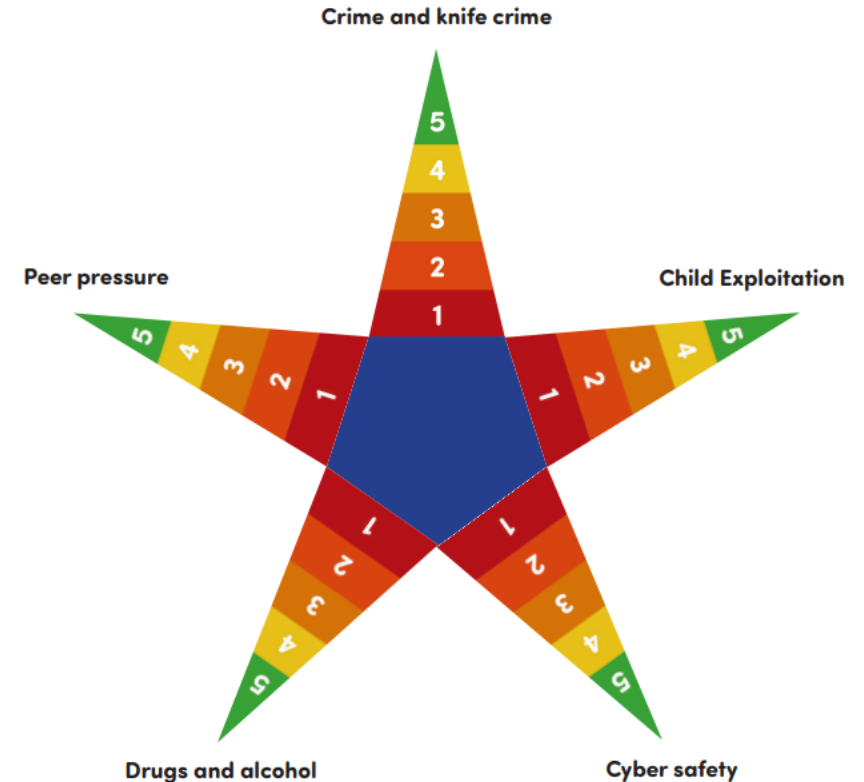
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Was there anything you would like to change about the sessions?

Feedback from the young people

Now you have completed the session, let's look at the star below again. Can you tell us how much (from 1 to 5) you think you **now know** about the 5 subjects.

- 87% of young people have shown an increase in knowledge following the sessions.
- From a sample of feedback forms 82% did not feel that anything in the sessions needed to change
- Students that identified that they would change something about the session suggested the following;
 - More interactive (games)
 - Sessions could be longer to enable more discussion



What is one thing you have learned from the sessions today?

.....

Was there anything you would like to change about the sessions?

Students said that they had learnt the following....

I learnt about the effects of drugs on the body

Consequences of a criminal record

What child exploitation really is

The effects of Ketamine especially ket bladder

How to help someone who is drunk/taken drugs

How knife crime can affect lives and way of life

What child exploitation really is

I have learned how to get out of a place where people peer pressure you

That both genders can be exploited

If you have a public account people can find things about you

Some vapes are illegal

Learn to trust adults when you are feeling vulnerable

What to do if someone has been stabbed

The age of criminal responsibility is 10

How to be safe online

Feedback from schools

I am sorry I didn't catch you at the end of the day. I have to say a huge thank you for the organisation and delivery of this event over the last two days. The feedback I received from both staff and students was outstanding and every session I visited, I was taken back at the quality of delivery.

I really look forward to working with you again with future events.

Thanks again

Sean

It was a really positive day, please pass on my thanks to all the presenters.

Next year I would like to arrange 'In The Zone' for Thursday 26th or Friday 27th June please.

Thanks

Thanks again for a fantastic two days! The students thoroughly enjoyed the sessions and remained so engaged. Can we please get some dates booked in for next year?

Thanks again

ALL schools that received the in the zone sessions have asked for the sessions again next academic year!

Feedback from staff

Delivering in the zone has raised the profile of the detached youth team amongst young people and has helped build relationships.

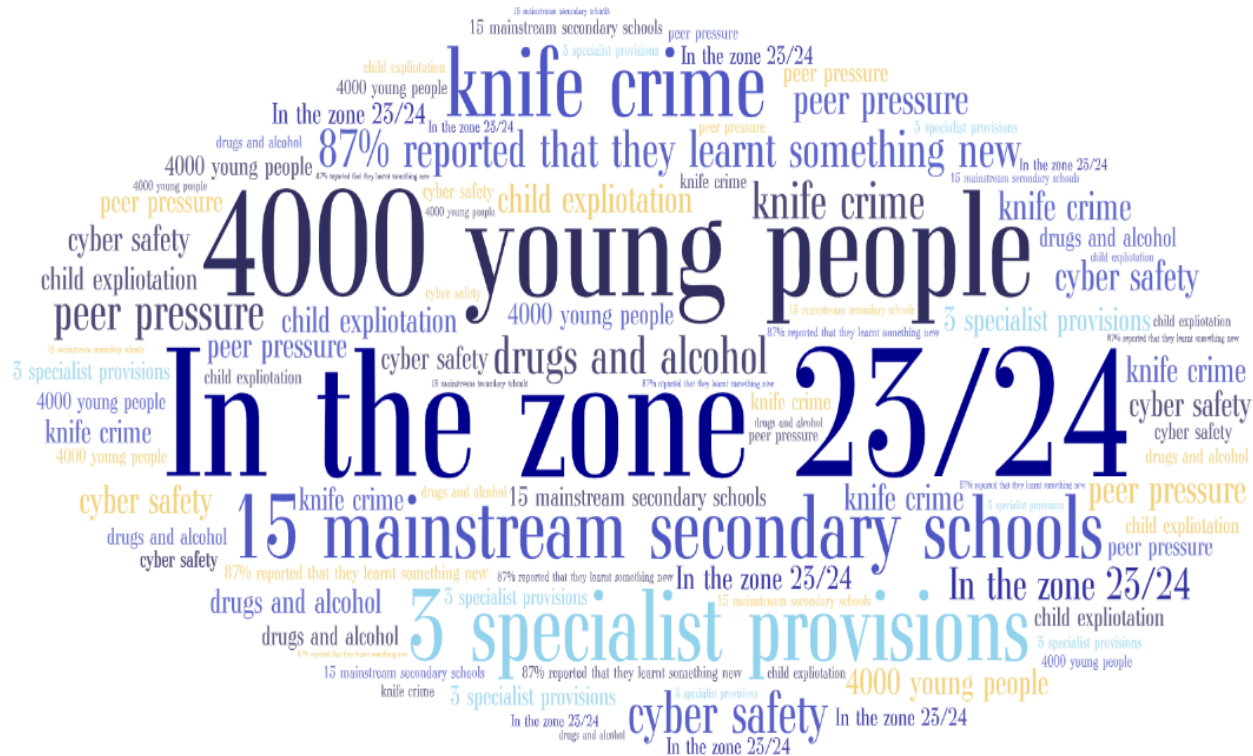
Young people see me in the community and recognise us from the sessions that we have delivered in their school.

Delivering in the zone has enabled us to increase young people's knowledge on the impact of substance misuse, particularly the effects of Ketamine.

The students have engaged so well in the sessions, it is great to be involved in preventative work increasing young people's knowledge and understanding around the effects of knife crime.

Moving forward

- For the upcoming academic year, we have 16 mainstream secondary schools, and 5 specialist provisions confirmed. This is an increase on previous years as we extend the offer to targeted specialist provisions and alternative provisions.
- Service areas are reviewing and updating the sessions that are delivered to ensure that information shared is relevant and up-to-date.
- We have more staff on-board to assist with the delivery of the sessions.
- Other local areas e.g. St. Helens have observed the sessions and are hoping to set up similar programmes in their areas.



Thank you

Thanks for all your hard work, dedication and early morning starts! It has shown in the feedback that we really are making a difference to the lives of young people.