

## **KET'S A MESS.**

**STREET KET COULD  
BE MIXED WITH  
ANYTHING.**



**DON'T LET KET  
GET YOU IN A MESS**

**WIRRAL**

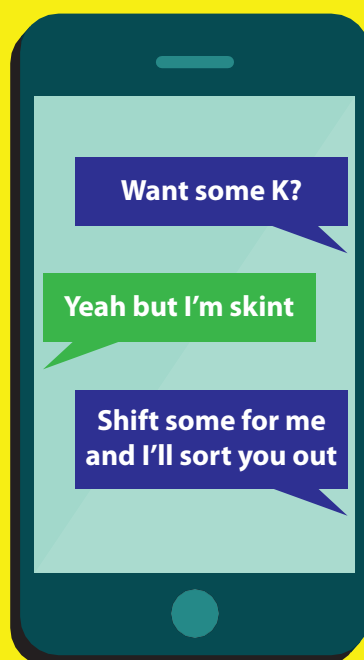
**RESPONSE**

Provided by



## **KET IS A CLASS B DRUG.**

**POSSESSION OF  
KETAMINE COULD  
LEAD TO 5 YEARS  
IN PRISON  
OR 14 YEARS FOR  
DEALING.**



**DRUG DEALERS MAY  
PRESSURE PEOPLE  
INTO SELLING.**

**IT'S NEVER FREE.**

## **KET MESSES WITH YOUR HEAD.**

**YOU COULD GET  
ANXIOUS, HAVE  
PANIC ATTACKS  
AND SEE THINGS  
THAT AREN'T  
REALLY THERE.**

**SNORTING KETAMINE  
CAN PERMANENTLY  
DAMAGE YOUR NOSE.**



**IT MESSES WITH  
YOUR BODY.**

**YOU CAN BECOME  
NUMB AND LOSE  
CONTROL OF YOUR  
BODY LEAVING YOU  
VULNERABLE TO ALL  
KINDS OF HARM.**

**PEOPLE OFTEN GET  
'K-CRAMPS' AND  
STOMACH PAINS FOR  
DAYS AFTER USE.**



**IF YOU USE KET  
FREQUENTLY YOU  
WILL BUILD  
TOLERANCE,  
YOU COULD GET  
ADDICTED.**

**USING KETAMINE FOR  
A LONG TIME CAN  
MESS UP YOUR BODY.**

**KET CAN MESS UP  
YOUR BLADDER AND  
MAKE IT HURT WHEN  
YOU PEE.**

**KET BLADDER CAN BE  
IRREVERSIBLE.**

## **KETAMINE BLADDER SYNDROME**

### **STAGE 1**

**The bladder shrinks,  
hardens and holds less  
urine. You will need to  
pee more often.**

### **STAGE 2**

**The toxic effect of the  
substance eats away  
the lining of the bladder  
causing blood in urine.**

### **STAGE 3**

**Tissue leaves the lining of  
the bladder and causes  
severe pain.**

**Using ketamine "for the  
pain" makes the bladder  
damage worse.**

**EXPERIENCING ANY OF  
THESE HARMS?**

**STOP USING AND  
CONTACT YOUR GP.**

**MIXING KET WITH  
OTHER DRUGS OR  
ALCOHOL INCREASES  
RISK OF OVERDOSE.**



**IF YOUR FRIENDS START  
TO SHOW SIGNS OF  
OVERDOSE**

**(K-HOLE, BAD TRIP,  
VOMITING, CHEST  
PAINS, PASSING OUT)**

**STAY WITH THEM AND  
CALL AN AMBULANCE!**



**NEED HELP WITH  
KETAMINE USE?**

**UNDER 18 Contact:  
RESPONSE**

**PHONE: 0151 666 4123 OR**

**EMAIL: [response@wirral.gov.uk](mailto:response@wirral.gov.uk)**

**18 OR OVER Contact:**

**WIRRAL WAYS CGL**

**PHONE: 0151 556 1335 OR**

**EMAIL: [wirral.services@cgl.org.uk](mailto:wirral.services@cgl.org.uk)**

