DAILY CHECKLIST

- [ ] Pack your bag the night before
- [ ] Lay out your uniform ready for the morning
- [ ] Go to bed at a good time so you feel rested
- [ ] Set your alarm and a backup alarm if needed.
- [ ] Eat breakfast or take something for on the way
- [ ] Check the weather and plan your journey
- [ ] Leave with enough time to get to school calmly
- [ ] Arrive on time and check in with your tutor
- [ ] Ask for help early if something is worrying you
- [ ] Follow the process to collect any missed work
- [ ] Try one small goal each day
- [ ]